

Self-Actualization Representation of Josee and Tsuneo Suzukawa in Seiko Tanabe's Anime entitled *Josee the Tiger and The Fish*

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Abstract

Anime Josee, the Tiger and the Fish by Seiko Tanabe tells struggle of the characters, Josee and Tsuneo Suzukawa who go through in actualizing themselves with the characters they have. This study was conducted to describe the self-actualization of Josee, a disabled person and Tsuneo Suzukawa who was paralyzed by an accident by using Abraham Maslow's five hierarchy of needs. The research method used is a qualitative description method. The data source of this research is an anime entitled Josee the Tiger and the Fish which was written by Kotaro Tamura. To reveal the self-actualization experienced by the two characters, the data were analyzed using structural theory and psychology humanistic theory. The results showed that the character Josee could achieve her self-actualization by becoming an illustrator and the character Tsuneo Suzukawa achieved his self-actualization by getting a scholarship abroad. Both of them achieve self-actualization, to achieve their dreams, they must dare to step forward to make dreams come true.

Keywords: self-actualization, anime, hierarchy of needs

A. Introduction

Anime is a modern literary work that represents the life stories of all or some members of society with the depiction of the characters. A character is a person who brings a story in a story, namely a story character or character (Abrams in Riandita 2017:13).

Every individual has the potential and the tendency to actualize himself by using all his abilities. The nature of self-actualization can show its ability to the people around it such as family, community groups and the wider community to accept

shortcomings and weaknesses gracefully. (Ahmadi 2015:89).

Self-actualization can also occur in the characters of Josee and Tsuneo Suzukawa as the characters in a story of a literary work reflects a human being's life. Josee is a paralyzed person from birth, twenty-four years old living with her grandmother and has a hobby of drawing. Tsuneo Suzukawa, a man who is tenacious in learning and loves the sea. But he is paralyzed due to a traffic accident. Both characters have a strong tendency to be able to fulfill their instinctive needs even though

they have limitations when compared to other humans in general. The researchers chose this *anime* as a data source with a focus on the problem of how the two characters actualize themselves. The researches by using self-actualization theory in Japanese literature mostly focus on characters who have normal physical conditions with all the characters and abilities they have. Meanwhile, in this study, the characters who are analyzed were physically disabled. Therefore, the researchers of this study say that this study is a new contribution on enlarging point on how an application of the Maslow's theory of hierarchy of needs is done on the disabled persons, both on the since-born man or another one who get the paralyzed condition after he grows up as an adult.

The discussion about self-actualization in this study, the researcher uses the theory of humanistic psychology. Psychologist Abraham Maslow assumes that humans are good creatures and have the right to be able to realize their identity in order to achieve self-actualization. (Minedrop 2016:48). A

condition where humans have potential but cannot be developed because the surrounding environment does not accept them. When a person has fully accepted himself, he can receive a satisfactory psychological integration, according Kreech (in Minedrop 2016:49).

Fulfillment of needs can be done by fulfilling basic human needs. These needs are as stated in Maslow's five hierarchies that the lowest needs must be met before reaching the fulfillment of the highest needs.

The five hierarchies of needs include the first Physiological Needs, namely these needs are biological needs, such as the need for oxygen, food, water, etc. If it is not fulfilled, then humans will not live. The second is Safety Needs, Maslow pointed out that many symptoms of lack of security are found in adults in society. This symptom indicates behavior that tends to seek refuge in a stronger person or system or in someone who is considered to be able to provide a sense of security. The third level is The Belongingness and Love Needs includes the need to give and receive the attention of others. Maslow thinks

that humans always overcome feelings of loneliness and alienation. Humans from birth need other people and social beings. The fourth level needs to be appreciated, The Esteem Needs. This need according to Maslow consists of the need to be considered strong, able to achieve something adequate, have expertise and competence. Second, humans have a desire to achieve a high reputation and certain prestige, or as an award from people. On the highest level of hierarchy of needs is the self-actualization., Maslow describes self-actualization as a person's need to do what he was born and created for. (Maslow in Setiawan 2014:42). Needs rank the highest in the hierarchy of needs, with primary needs being the ultimate goal. Self-actualization requires a lifetime of hard work to achieve it.

B. Research Method

Method is a way to achieve something that has been carefully thought out and done regularly (Djajasudarma, 2010:1). This study used descriptive qualitative method.

The procedure for data

collection used the method of observing and recording. Listening to the conversations of the characters in Japanese, collecting evidence of the development of self-actualization carried out by the two characters, rechecking, classifying the data according to the focus of the problem.

Data analysis technique is an analysis process that begins by examining all available data and various sources (Moleong, 1995:280). The stages in analyzing the data are analyzing the conversations of the characters related to the hierarchy of needs, writing down the results that have been researched and grouping according to the types of needs that have been achieved by the two characters.

C. Results and Discussion

In this *anime*, Josee and Tsuneo Suzukawa have to fulfill their physiological needs by drinking, eating, and having a place to live so they can live as humans in general. The following is quotation regarding the achievement of the physiological needs of the two characters.

ジョセ : お婆ちゃん、喉かわいた。

チズ : 麦茶か水か。

ジョセ : 麦茶。

(00:08:03,083-00:08:08,875)

Josee : 'Grandma, I'm thirsty.'

Chizu : 'Barley tea or water?'

Josee : 'Barley tea.'

In this quotation, Josee asks her grandmother to get her a drink. Her grandmother offers her two kinds of drinks, barley tea or water. Josee chooses barley tea to quench her thirst. Drinking is an example of the physiological needs for the character's health. She has fulfilled his physiological needs.

つねお : もしかして、クレープ初めて?

ジョセ : 初めてちゃう。何度も彼氏と食べたわ。

(00:27:28,708-00:27:35,208)

Tsuneo : 'First crepe ever?'

Josee : 'No, I've eaten many with my boyfriends.'

Josee is out with Tsuneo, they eat crepe together. Tsuneo sees the look on Josee's face who seems to be eating the crepe for the first time and liked the crepe. Josee enjoys eating crepes which makes strong evidence that she can achieve her physiological needs by eating what she likes.

つねお : いただきます。

チズ : おかわりしいや。

つねお : ありがとうございます。新しい弁当買余裕ないんで助かりました。

チズ : えらい貧乏やな、学生さんか?

つねお : はい。近くのアパートで一人ぐらしてて、まあ、貧乏は貧乏なんでけど、ちょっとお金貯めてるんです。

(00:07:32,708-00:08:00,208)

Tsuneo : 'With thanks.'

Chizu : 'Have seconds.'

Tsuneo : 'Thank you. I can't afford to buy another box lunch.'

Chizu : 'You sound very poor. Are you a student?'

Tsuneo : 'Yes, I rent an apartment nearby. I'm poor, but I'm also trying to save money.'

In this quote, the researchers focus on Tsuneo Suzukawa's character achieving his physiological needs. Tsuneo comes home from his part-time job. He accepts Josee's grandmother's invitation to dinner while walking the same way to their homes. Tsuneo says that he was poor and could not buy any more food that night. But he can rent an apartment to live in and save money. Tsuneo works to fulfill his physiological needs, namely clothing, food and shelter.

The second level of safety needs consists of a sense of security. The following quotation supports the

statement:

つねお： こんにちは！
ジョセ： こんな出かけようか？
チズ： くみこ！
ジョゼ： ばあちゃん、外は怖いだけ
ないやで。
(00:44:46,541 --00:45:09,291)
Tsuneo： ‘Hello!’
Josee： ‘Ready to go?’
Chizu： ‘Kumiko!’
Josee： ‘Grandma, the world isn't all
scary.’

The quotation shows how Josee openly tells her grandmother that she wants to go out. Josee who is in a wheelchair makes her grandmother forbid her to leave the house. But when Tsuneo Suzukawa works part time at Josee's house. Secretly Josee and Tsuneo often little trip. This makes the need for security align without any fear, there is a sense of security and stability that Josee can achieve.

ジョセ： こいつも？
つねお： 俺の親離婚しててさ。父さん家出て行って、母さんも仕事で忙しかったから。
ジョセ： 寂しくなかったと思うで、そのクラリオンエンゼル。毎日、管理人が会いに来てくれて。
つねお： 俺こいつの群れをこの目で見るのが夢なんだ。そのために、必死で勉強してお金ため

て簡単にみられるもんじゃな
いから、旅行がてら潜りに行
くってわけにもいなくて。

(00:43:07,625-00:43:42,166)
Josee： ‘What do you mean?’
Tsuneo： ‘My parents are divorced. Dad left home, and Mom was always busy working.’
Josee： ‘I don't think he was sad, though, the clarion angel. He had you come every day.’
Tsuneo: ‘I've long dreamed of seeing him swimming in a school. It's why I've studied so hard and saved money. They're hard to find so a brief diving vacation wouldn't do.’

This quote tells Tsuneo's dream is that this need for security is achieved because the lonely Tsuneo who is left by his parents physically made him look for a way to be free from it. He has a dream to swim with the fish under the sea. So he studied and saved money. Despite being separated from his parents and having a life of his own he becomes stable, there is a sense of self-confidence that make him both comfortable and free from fear.

The third level is belonging and love needs. The conversation below shows the level.

ジョセ： なあ、ばあちゃんそろそろまた散歩に。
チズ： あかん！また背中押されたらどないすんねんな、お前は

自分で自分の身守れんのか？
(00:16:27,458-00:16:38,791)
Josee : 'Grandma, can we continue our walks?'
Chizu : 'No! What if you get pushed? Can you protect yourself?'

This quotation shows Josee can only trust her grandmother, because she has no parents. Her grandmother's upbringing keeps her at home and it really bores Josee. But this is a form of her grandmother's love for Josee. The only family that accepts Josee for who she is her grandmother. This need is materialized because Josee and his grandmother love each other.

つねお : ジョセが好きだ。
ジョセ : あたい。。あたい。。管理人がすきや！
(01:31:30,125-01:31:49,208)
Tsuneo : 'I love you, Josee.'
Josee : 'I.. love you too my servant!'

This quote explains that Tsuneo confessed his feelings to Josee after being discharged from the hospital due to an accident. Josee also answered Tsuneo's love. They know each other. Both pay attention and accept each other. This need is fulfilled for Josee and Tsuneo because they belong to and love each other.

はやと : つねおのクウキが出したら俺の助けやくめ。生き出来ようしてる。黙ってついて来い。
(01:14:15,875-01:14:25,708)
Hayato : 'As your diving buddy, it's my job to give you oxygen. whenever you need it. So shut up and follow me.'

The quote above is when Tsuneo had an accident and lost his way to not continue his dream. Hayato was the first to persuade Tsuneo to see Josee's picture book reading show in the library. This is Josee's attempt to encourage Tsuneo again. Tsuneo Suzukawa's need for love and belonging is fulfilled by having a very good friend who loves him. Hayato's words are literally true, when Tsuneo dives and runs out of oxygen, only Hayato can give him oxygen.

Next, the fourth level, the need to be appreciated (esteem needs). The following quotation is shown to show the two characters achieve this need.

りお : あ！人魚のお城！
かな : ほんまに人魚が住んでそうやわ。ジョセ、絵の仕事してるんや。
ジョセ : まさか！
かな : 違うん？こんな素敵な絵、たくさんの人に見てもらわんともったないよ。作品集作って、出版社に売り込みに行って、

てみたら？ネットで世界に発信したり。

(00:41:22,416-00:41:40,083)

Rio : 'Look the mermaid palace!'

Kana : 'It really looks like a mermaid home. Josee, you are an illustrator?'

Josee : 'No way!'

Kana : 'No? What a shame it would be for people not to see your art..'

This quotation is related to the event at a time when Josee reads picture books to children in the library. Unfortunately, not everyone wants to listen because Josee's storytelling skills are not good. But there is one child who listened to the end and asked Josee what the mermaid palace is like. Josee draws a mermaid palace. Kana comes to see Josee, and compliments Josee's drawings are excellent and even thinks Josee is an illustrator. The dialogue above is in line with Maslow's self-actualization criteria, namely the need to be appreciated, the existence of recognition from other parties in the form of appreciation for what Josee has done.

教授 : 君がツーリングパターン論文。あれ、メキシコシティ大学の教授送った言ったやん。えらい、君みたいでぜひうちに来て欲しいって。
つねお : ありがとうございます。

(00:14:10,708-00:14:23,458)

Profesor : 'Your essay on Turing Patterns I sent it to a professor at Mexico City University. They loved it and wants you to study there.'

Tsuneo : 'Thank you.'

The quote above is a conversation from Tsuneo and his professor. Tsuneo is informed that his essay has been accepted at Mexico City University. The fourth level requirement is achieved by Tsuneo because it has been recognized by professors from overseas campuses.

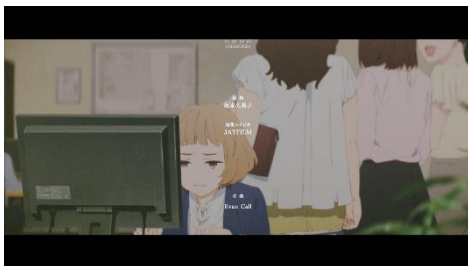
The fifth or highest level is the need for self-actualization. This need is the highest need that must be passed through the previous four levels to be achieved. Humans want something, then look for ways and try hard to achieve it. Its achievement can take a lifetime.

ジョセ : あたいな 働きながら絵本作家めざすことにした。これからは歩いて行ける。これからは歩いて行ける。あたいはもう十分してもろった、だから。

(01:30:55,500-01:31:09,666)

Josee : 'I've decided to try to become a picture book illustrator. I plan to stand on my own two feet. You have pushed me from behind for long enough and now...'

Josee has already made the decision for her to move on with her life. He tells Tsuneo not to worry about her. Josee follows her heart to change including becoming an illustrator. Josee's process of self-actualization is evident in her desire to become an illustrator actually comes true.



Picture 1. Josee is working

In the picture above, the closing of this anime illustrates that Josee can continue his life by working as an illustrator in his office. This means that Josee can fulfill her needs by becoming the illustrator she He usually only draws in his room, and finally has the desire to turn his hobby into a job.

ジョセ：足直してメキシコ行くんちゃうか。
つねお：行くよでも、ジョセが好きだ。
(01:31:24,125-01:31:31,166)
Josee : 'and going to Mexico?'
Tsuneo : 'I'll still go, but I love you Josee.'

Tsuneo manages to get through a difficult time after experiencing trauma due to an accident which indirectly has to give up his dream of going abroad. Although not the same as before, he still maintains to study abroad. Rehabilitation is something Tsuneo will work on to recover. This condition makes Tsuneo achieve his self-actualization by going to Mexico. The way and fact that Tsuneo loves Josee is not a barrier for him to go abroad.

D. Conclusion

The self-actualization of the two studied characters is actually achieved. The character Josee becomes an illustrator and the character Tsuneo Suzukawa studies in Mexico experiencing many obstacles but with the encouragement of others and themselves can achieve what they want. It turns out that physical conditions do not affect a person to be able to reach dreams, achieve self-actualization. Because they have tenacity, toughness and a strong will to actualize themselves.

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